

Past Life and Metaphysics Manual Script List

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This pdf file contains a complete list of all the scripts included in this manual.

(22 Original Scripts)

Past Life Transition Scripts

1. Path, Bridge & Spirit Guide Visitation
2. Sands of Time (*Beach*)
3. Past Life Transition Script (*Analytical*)
4. Hall of Life Choices
5. Past Life Transition Script
6. Floating into the Past
7. Stepping Stones
8. A Spirit Guided Head Start
9. Movie Theatre Guides

Scripts and Session Preparation

Creating a Spirit Room (*Description*)

10. Creating a Spirit Room (*Script*)
11. Past Life Regression
12. Future Life Progression
13. Present Life Progression
14. Life between Lives
15. Contacting Spirits
16. Meeting Spirit Guides
17. Meeting Your Spirit "Animal" Guide
18. Out of Body Experience
19. Parallel Worlds
20. ESP Development II
21. Alien Abductions (*Outline for a session*)
22. How to See Auras with Hypnosis