

A NEW WAY OF THINKING

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An Informative Report

Your blueprint of birth

When you were born into this world you entered with a clean slate. You had no limitations, conditioning, likes or dislikes. You had just as much unlimited potential as any other child born. In your reality everything was in an orderly state. Sickness, disease, poverty, anger, disappointment, jealousy, fear, stress, prejudice or anything else of a disorderly nature did not exist. They were all a learned, conditioned behaviors.

Your parents were not taught the proper way to raise children to attain their full potential.

Unfortunately parents are not given an instruction manual showing them how to raise their children to achieve peak potential. So without having a manual they attempted to raise you the best that they knew how. They did this by raising you the same way that they were raised and their parents raised them. You were also directly influenced by your parents' friends, neighbors or others in their immediate environment.

Your programming began as a download from your guardians.

As a result of this type of upbringing you developed many of the same limitations, ideals, habits, morals, prejudices and even goals of those that raised you. This is mainly because children from birth until approximately age six learn entirely through observation. Since they came into the world with a clean slate and had no outside means of programming available, everything that they were taught was programmed behavior from their guardians. This process is very similar to downloading information into a new computer from another existing or possibly even several other computers.

You were programmed according to your environment, family history and social limitations.

Then you left home to go to school, then college and then ultimately to your work life. In each of these situations throughout the years it was important for you to fit in. Most people do not want to be the outcasts or the oddball in a group so they quickly learn how the others are acting and do the same. In school, the ones that they learn from or copy will usually define the group they will be labeled as, such as jock, nerd, geek or cool. This behavior continues into their work life as most people learn what to do at their job and how to act by observing others.

It's as if the entire process of growth or learning for human beings as a matter of following others and accepting the learned conditions and parameters of society. This accounts for why there are so many followers and so few leaders. Someone with independent thought will never need to go far to find followers as the huge number of people are always looking for someone to lead them.

As adults you make most decisions based on your past programming.

All of your experiences throughout life have given you the knowledge and experience to develop your likes and dislikes. This is where your positive or negative habits came from. Everything that you now know about your life is a result of this programming that has been downloaded into you throughout the years. When confronted with a situation, the way you will handle it will be a direct result of your past programming because that's the only information base that you have available to choose from.

An example of this would be refusing to climb a ladder if you had fallen off one in the past and gotten hurt. Another would be refusing to do public speaking at work because you were humiliated in grade school by your fellow students during an oral presentation.

In fact **over 90% of all decisions** you will make each day will be determined by your past. In many people that percentage is even higher. Many people have lost the ability or even knowledge of how to create original thought. Keep in mind that there is a big difference between this original thinking and "*elite thinking*" which this article is about. As mentioned, most people do use their higher or original thinking 10% or less of the time throughout their lives. However where it comes to "*elite*" type of thought the percentage is much less and many people do not even use it at all but let's get back to original thinking for the moment.

Many lost the ability or knowledge how to create original thinking.

Original thought is conducted in the frontal lobe of the brain. In order for the frontal lobe to be functional, you must be relaxed, calm and free of stress. Stress reroutes the

blood flow from the viscera, immune system and the frontal lobe sending it to the rear brain which is most noted for the *fight or flight* responses. When this happens, instinctual or quick response type thinking is conducted rather than higher, original thinking. The rear brain is responsible for reaction, strength and speed. It is responsible for the building of strong bones and muscle mass. During this time of stress both your immune system and frontal lobe are not operating properly and are in a sort of standby mode. This not only accounts for a lack of higher thinking but also increased sickness and disease.

Driven by stress

The reason so many people do not use their frontal lobe is because today's society is highly driven by stress. Many people are so busy and overburdened trying to get ahead in their jobs that they can never get relaxed enough to allow their frontal lobe the opportunity for original thought. These are the people who seem to be stuck in a rut with their lives. Each new monotonous day seems to be a carbon copy of the one before.

Ills of society

Many people have adopted and become accustomed to this form of stressful lifestyle. Without allowing the immune system or higher thinking to operate they begin to get sick, depressed and very competitive, trying to get what others have rather than thinking of original ways to get ahead on their own. This lifestyle of stress extends from the individual to the group as well and is a major cause of much of the crime, poverty, war and many other forms of negative experiences in the world.

Those that do still utilize their frontal lobe for original thinking do it according to their limited or restricted programs.

Many who are not living in a continual world of stress are able to relax and allow their bodies and minds to work properly. By allowing the flow of blood to open up the frontal lobe they are able to experience this original or higher thinking that allows them to solve many of the problems or challenges in their lives. It is important to realize however that even this original or higher thinking is subject to the self-imposed and programmed limitations that were instilled in them throughout their lives.

What is "Elite" thinking?

Elite thinking is having the ability to think "through" appearances rather than according to the restrictions that society or your environment has ingrained in you. It is also the process of thinking according to what you want rather than what society has conditioned you to think. It is thinking according to your blueprint of birth. As mentioned earlier, at birth you had no limitations, conditioning, likes or dislikes. You had just as much unlimited potential as any other child born into this world. In your reality everything was in an orderly state. Sickness, disease, poverty, anger, disappointment, jealousy, fear, stress, prejudice or anything else of a disorderly nature did not exist. They were all learned, conditioned behaviors.

The conditions within this blueprint of birth are yours to keep throughout your life. It is your "birthright"! Anything other than this way of thinking is considered a disorder and not in alignment with *elite* thinking. Therefore you do not allow them to exist within your new thinking.

Thinking in this certain way is thinking according to your desires of unlimited wealth, health, happiness, perfect relationships and everything else that is good. It is a process of questioning everything you have been taught and expecting everything that you desire.

If you only want perfect health then only think of yourself as being healthy all of the time. Sickness does not exist in your thought process even if you were in the midst of it. It seems that we as a people do not believe in the health of our physical bodies because society has conditioned you to look at what could go wrong instead of realizing that health is the orderly nature of man.

It's easier to believe in sickness than health because you are constantly bombarded with information about the sickness in your bodies on a daily basis. You can see this in the media through the many suggestions to call your doctor and ask about the advertised miracle drugs that can help you. We live in a society that almost everyone you know is taking at least one form of medication on a constant basis and quite a few are taking upwards to 10 or more. They take these pills without question even though their side effects can be worse than the disorder they were designed to help. Many even result in death.

When thinking about their long term health, many people create the image of themselves in nursing homes or even hospitals with tubes up their noses and attached to all kinds of monitors. The thought of getting older without sickness, disability or hospitalization seems unreal. In fact people become panicked about the thought of not having health insurance. This is the result of environmental thinking. This is the kind of conditioning you have been subject to and that needs to be changes immediately.

The same can be said of wealth and perfect relationships. What are you thinking? It is so easy to think of poverty, hardships and bad relationships. We are told that is the

normal state of things. Even our government leaders continue to tell us how bad the economy is and how many are unemployed. If these people in authority are saying this then it must be true. It would be so easy to follow the group and agree with this propaganda. With *elite* thinking however you can understand that this is all appearance thinking. You can see through it and be comforted in knowing that there is only wealth. This is the best time and place for you to succeed in business. This is your day to shine. Everything good always goes your way and opportunity is always being attracted to you.

"If you're going to have thoughts anyway, why not make them spectacular!"

Elite thinking can be difficult because it requires change. It requires doing things differently than you have been doing. It's easy to think the same things you've been thinking right along. It's easy to follow with what others think. After all, "*a belief is just a thought you keep thinking over and over*". If you want to change your beliefs, simply change your thoughts.

Others who have achieved this new way of thinking.

Thomas Edison - had been told numerous times that many of his inventions would not work, but he continued to think according to his desires and succeeded.

Henry Ford - who had not even completed a high school education was aware of this thinking process. He once told his engineers that he wanted them to create an eight cylinder automobile engine for his new cars. This had never been heard of before and according to their knowledge of mechanics, it was not possible. All of his engineers and technical workers in his plant told him that it could not be done. He was able to see through appearance thinking and told them to continue working at it until they made it possible. As we now know they did eventually find a way to develop it and it drove the FORD Motor Company to the top of its industry.

Roger Bannister - a 25 year old medical student from England was told like everyone else that it was impossible to break the four minute mile. There was a mental limitation placed on society that it could not be done. Thinking according to truth rather than appearances Bannister believed that it could be done and succeeded. Since then many people have and still do break this four minute mile barrier.

This type of superior "elite" thinking has been used by many in the space program to break all the mental barriers that had held them back from space exploration. Now we travel through the stars and are even building space stations for people to live in. Now space travel is a normal part of our society just as flying a plane or driving a car.

What do all these people have in common?



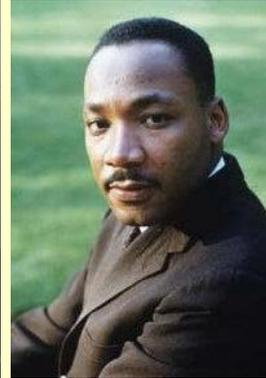
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Tony Robbins



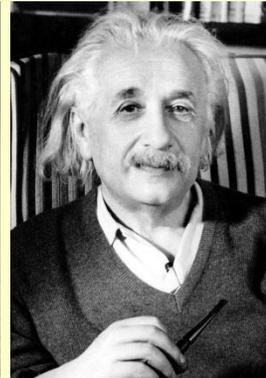
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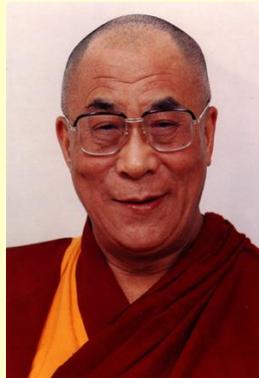
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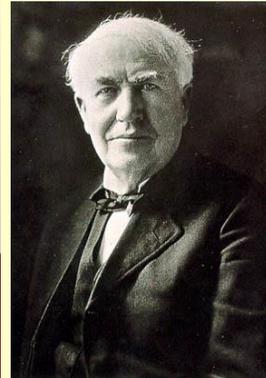
A Child



Albert Einstein



Dalai Lama



Thomas Edison

- ▶ They all think in this certain way that is not taught in schools.
- ▶ They think independently and oftentimes in opposition of what is socially accepted.
- ▶ Their unique thought process:
 - Removes limitations.
 - Creates happiness.
 - Eliminates fear and doubt.
 - Gravitates them to the top of whatever they do.

They are part of the "select few" in society who have understood and practiced this ancient concept of elite thinking. It is no secret, it is here for everyone, but it is very seldom used.

Many additional scientists, leaders and top entrepreneurs have attained their stature in life by thinking through appearances in according to their desires. People such as **Warren Buffett, Dr Richard Hawkins, Oprah Winfrey, Andrew Carnegie, Bill Gates** and the list can go on indefinitely. Upon hearing this list of successful people many will rationalize that they were already successful people and that elite thinking is easy for them. The important thing to realize is that each one of them started out as we did.

They started as a newborn child and were raised with the same programming, propaganda and conditioning of unprepared parents as we were. The only difference is that at some point in their lives they became aware of this conditioning and had a desire to rise above it.

A select few control society.

This is why only 2% of the public controls approximately 90% of the money in this country. It has always been the "select few" throughout history who have learned this method of elite thinking, who have attained positions of authority and were able to exact such control. Understanding this new way of thinking will automatically move you into these positions. It is the same reason why a genius will end up in a position befitting his stature and someone with very limited intelligence will do the same. Many people may have had a glimpse of this type of specialized thinking from time to time however those who practice it on a continual basis are the ones who are rewarded with unlimited possibilities.

Why doesn't everyone practice this type of thinking?

The main reason is that it is not easy to do. It takes continual practice and perseverance. It will change you into someone different than you presently are. It will also change all of your ideals and perceptions. It is a matter of leaving the old behind and embracing the new. Many times however leaving the old behind also includes your belongings, friends, family and other things you have become attached to. After all, if it were easy, everyone would be doing it.

Do you think according to appearances or independently without restrictions?

The following statements are designed to establish your present thinking process. Answer these questions truthfully to yourself. Be sure to write down the initial response you get upon reading them without second-guessing. After each statement answer **True** or **False**.

I am a wealthy person.

I am 100% healthy.

I have a perfect relationship.

Everywhere I go I am confronted with wonderful opportunities.

It seems like everyone goes out of their way to help me succeed.

Poverty does not exist.

Hunger does not exist.

Sickness and disease do not exist.

I am so grateful for everything that I have in my life.
I have a wonderful job and I love everything that I do.
I enjoy every part of my life.
I am so excited to wake up each morning and begin my day.
I am working my dream job or occupation right now.
Fear and anxiety do not exist.
Anything that I set my mind to I can accomplish successfully.

Now that you have answered all the questions, tally up all your True or False answers. If you answered True for every one of the statements and really do believe in your answers ... then you are utilizing elite thinking rather than thinking according to appearances. Each one that was answered False is a result of thinking according to appearances or society or conditioning from your past.

The Box Analogy

Imagine if at birth you were taught that your entire environment consisted of a large box that was closed. The reason it was closed was for your safety. You may have even tried to get out of the box a few times but as you jumped up you hit the top of the box and fell back to the floor. After attempting this several times unsuccessfully you gave up trying.

The box is now opened but closed to you

Now that you are grown, the top of the box that was closed for your safety had been removed many years ago. Because of your programming as a child you never attempted to check if you could escape again. You became conditioned to remain within your box.

The box is getting smaller

As you got older the more that you experienced life the more programming you continue to receive. Of course with the more programming you received you were also given more limitations. As time went on and you got older you found that the box began to get smaller.

Some get boxed in

Many people who continued to practice appearance thinking according to societies conditioning found that the walls of the box became so small that they eventually became boxed in.

Some break out of the box.

The select few who practice "elite thinking" began to question their programming of being boxed in and were able to think through appearances and ultimately escape the box to freedom.

You can also develop this new way of thinking.

It is a constant process that requires work, repetition and utilizing your higher thinking. Just as you have been programmed for appearance thinking throughout your life, you must replace that programming now with your new way of elite thinking. Once your new programming has become part of you, you too can join the ranks of the "select few" who succeed at all that they do and have broken free from the box.

Create A Better Person is an Operation Manual designed to guide you through this process step by step plus so much more. It also guides you through creating and attaining goals and how to create permanent habits. [CLICK HERE](#) to learn more today!

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